

# 1.gear steps

Musical notation for '1.gear steps' consisting of seven staves. The first staff shows a sequence of quarter notes: R, L, R, L, R, L, R, L. The second staff shows eighth notes in pairs: R L, R L, R L, R L, R L, R L, R L, R L. The third staff shows eighth notes in groups of three (triplets): R L R, R L R, R L R, R L R, R L R, R L R, R L R, R L R. The fourth staff shows sixteenth notes in groups of four: R L R L, R L R L, R L R L, R L R L, R L R L, R L R L, R L R L, R L R L. The fifth staff shows eighth notes in groups of three (triplets): R L R, R L R, R L R, R L R, R L R, R L R, R L R, R L R. The sixth staff shows eighth notes in pairs: R L, R L, R L, R L, R L, R L, R L, R L. The seventh staff shows a sequence of quarter notes: R, L, R, L, R, L, R, L.

♩=120,140,160,180,200 3sets

# 2.eights

Musical notation for '2.eights' consisting of two staves. The first staff shows eighth notes in groups of four: R R R R, L L L L, L L L L, L L L L. The second staff shows eighth notes in groups of four: R L R L, R L R L, R L R L, R L R L, L R L R, L R L R, L R L R, L R L R.

♩=130,150,170,190,210 3sets

# 3.all 4strokes bucks

Musical notation for '3.all 4strokes bucks' consisting of two staves. The first staff shows eighth notes in groups of four with accents: R R R R, L L L L, R R R R, L L L L, R R R R, L L L L, R R R R, L L L L. The second staff shows eighth notes in groups of four with accents: R L R L, R L R L, R L R L, R L R L, L R L R, L R L R, L R L R, L R L R.

♩=120,130,140,150,160 3sets

# 4.triplet bucks

Musical notation for '4.triplet bucks' consisting of two staves. The first staff shows eighth notes in groups of four with accents: R R R R, R R R R, R R R R, R R R R, L L L L, L L L L, L L L L, L L L L. The second staff shows eighth notes in groups of four with accents: R L R L, R L R L, R L R L, R L R L, L R L R, L R L R, L R L R, L R L R.

♩=80,90,100,110,120 3sets

5.16th timing on 4-2-1 system

Musical notation for 5.16th timing on a 4-2-1 system. The notation consists of six staves of music. Each staff contains a sequence of rhythmic patterns represented by eighth notes. The patterns are as follows:

- Staff 1: R L R R L R R L R R R L R R L R R L
- Staff 2: R L L R L L R L L R L L L R L L L R L L L R L L
- Staff 3: R L R R L R R R L R R L R L L R L L L R L L L R L L
- Staff 4: R L R R L R R R L R R L R L L R L L L R L L L R L L
- Staff 5: R L R R R L R L L L R L L R L R R R L R L L L R L L L R L L
- Staff 6: R L R R R L R L L L R L L R L R R R L R L L L R L L L R

♩=110,120,130,140,150 2sets

6.16th accent on 4-2-1 system

Musical notation for 6.16th accent on a 4-2-1 system. The notation consists of six staves of music. Each staff contains a sequence of rhythmic patterns represented by eighth notes, with an accent (>) placed over the first note of each pattern. The patterns are as follows:

- Staff 1: >R >L >R >R >L >R >R >L >R >R >L >R >R >L >R >R >L
- Staff 2: >R >L >L >R >L >L >R >L >L >R >L >L >L >R >L >L >L >R >L >L >L >R >L >L
- Staff 3: >R >L >R >R >L >R >R >L >R >R >L >R >L >L >R >L >L >L >R >L >L >L >R >L >L >L >R >L >L
- Staff 4: >R >L >R >R >L >R >R >L >R >R >L >R >L >L >R >L >L >L >R >L >L >L >R >L >L >L >R >L >L
- Staff 5: >R >L >R >R >L >R >R >L >R >R >L >R >L >L >R >L >L >L >R >L >L >L >R >L >L >L >R >L >L
- Staff 6: >R >L >R >R >L >R >R >L >R >R >L >R >L >L >R >L >L >L >R >L >L >L >R >L >L >L >R >L >L

♩=110,120,130,140,150 2sets

### 7. triplet timing

R L R L R L R L L R | R L R L R L L R R L | R L R L R L R R L L

R L R L R R L R | R L R L R L L | R L R L R R L R | R L R L R L L R

♩=145,160,175,190,205 2sets

### 8. triplet accent on 4-2-1 system

R L R L R L R L R L | R L R L R L R L R L | R L R L R L R L R L

R L R L R L R L R L R L R L R L

R L R L R L R L R L R L R L R L R L R L R L R L R L R L R

♩=145,160,175,190,205 2sets

### 9. A-B double stroke+triple stroke

R R R R R R R R | R R R R L L L L | R R R R R R R R

R R R R L L L L | R R R R R R R R | R R R R R L L L L L R

♩=100,110,120,130,140 2sets

### 10. swing double

R R R R R R R R | R R R R R R R R | R R L R

R R R R R R L R L | L L R L R R R L R L | L L R L

R R R L R L L L R L R | R R L R L L R R L R R L R L R

R R L L R R L L R R L L R R L L R R L L R

♩=145,160,175,190,205 2sets

11. *slow diddle* on 4-2-1 system

R R L R R L R R L R R L R L L R L L R L L R L L R R L R R L R L L R L L

R R L R L L R R L R L L R R L L R R L L R R L L R R L L

$\text{♩} = 145, 160, 175, 190, 205$  2sets

12. *spam paradiddle*

R L R R L R L L R L L R L R R L R L R L L L R

L R L L R L R R L R L L R L R L R R L

R L R R L R L R R R L R R L R L R R R R

L R L L R L R R L R L L L R L L L R L R L L

$\text{♩} = 145, 160, 175, 190, 205$  3sets

13. *flam accent breakdown*

R R R R R R R R R R R R R R

L L L L L L L L L L L L L L L L

R R R R R R R R R R R R R R

L L L L L L L L L L L L L L L L

R R L R R L R L R R R L R L R L R L R L

L L R L L R L L R L L R L L R L L R L L

R L R L R L R L R L R L R L R L R L R L R L R

$\text{♩} = 140, 150, 160, 170, 180$  2sets